

Association between Oral Tobacco Consumption and Dyspepsia

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QUESTIONNAIRE

Study I.D.:

DEMOGRAPHIC

Age:

Section A: Demographic Information

1. **Age:** _____ years
2. **Gender:**
☐ Male ☐ Female
3. **Residence:**
☐ Urban ☐ Rural
4. **Education Level:**
☐ No formal education ☐ Primary
☐ Secondary ☐ Higher
5. **Monthly Household Income (PKR):**
☐ <20,000
☐ 20,000–50,000
☐ >50,000

Section B: Medical and Gastrointestinal History

1. **Have you experienced any of the following symptoms in the past 3 months? (Check all that apply)**
☐ Early feeling of fullness after beginning to eat
☐ Bloating or upper abdominal fullness
☐ Burning in the upper abdomen (epigastric burning)
☐ Upper abdominal pain (epigastric pain)
☐ Nausea
☐ Belching
2. **When did these symptoms first start?**
_____ months ago
3. **Have you undergone any medical evaluation or endoscopy for these symptoms?**
☐ Yes ☐ No
☐ If yes, what was the diagnosis? _____

4. Have you been diagnosed with any of the following? (*Check all that apply*)

- ☐ Peptic ulcer
- ☐ Gastroesophageal reflux disease (GERD)
- ☐ Gastritis
- ☐ H. pylori infection
- ☐ None

Section C: Habitual Factors

1. Have you ever used any form of oral tobacco?

- ☐ Yes ☐ No

2. Do you currently smoke cigarettes?

- ☐ Yes ☐ No